

CONTACT TRACING – WHAT TO EXPECT

Initial contact with contact of confirmed case

Each individual on the contact line list will be contacted. The person will introduce themselves and specify where they are calling from

They will explain the following:

Someone that tested positive for COVID-19 indicated that they were in close contact with them

This means that they are at risk and need to be monitored for 14 days after their exposure to the person to monitor symptoms

They will ask about the last contact with the case and establish if the person is a close contact. A close contact is defined as:

- A person having had face-to-face contact (≤ 2 metres) or was in a closed environment with a COVID-19 case; this includes, amongst others, all persons living in the same household as a COVID-19 case and, people working closely in the same environment as a case,
- A healthcare worker or other person providing direct care for a COVID-19 case while not wearing recommended personal protective equipment or PPE (e.g., gowns, gloves, NIOSH-certified disposable N95 respirator, eye protection),
- A contact in an aircraft sitting within two seats (in any direction) of the COVID-19 case, travel companions or persons providing care, and crew members serving in the section of the aircraft where the index case was seated (if severity of symptoms or movement of the case indicate more extensive exposure, passengers seated in the entire section or all passengers on the aircraft may be considered close contacts).

If not, the person will be informed that they have a low risk and should contact their healthcare provider should you develop any symptoms.

If person is a close contact, they will be asked whether the person is experiencing any of the listed symptoms on the symptom monitoring tool

If yes: EXPERIENCE SYMPTOMS

A team will visit them at their home to collect a specimen and to issue them with a thermometer

Should the test come back positive, they will be treated for COVID-19

Should the test come back negative, they will be contacted every day telephonically to monitor symptoms and should symptoms worsen, they will be tested again.

This will continue until day 14 after last exposure to the case.

If not: NO SYMPTOMS

A team will visit them at home and issue them with a thermometer.

They will be contacted every day telephonically to monitor symptoms. This will continue until day 14 after last exposure to the case.

During the monitoring period, individuals should self-quarantine at home. This means they should not go to work, school, church, shops, visit friends, have friends or non-household members over, etc.

If the contact is a healthcare worker that cannot take time of work, they should work with a surgical mask if asymptomatic. If symptomatic, they should self-quarantine.

If living with other individuals, the contact and their household members should:

- Perform hand hygiene frequently, using alcohol-based hand rub if hands are not visibly soiled or soap and water when hands are visibly soiled;
- Keep distance from affected individual as much as possible (at least 1 1/2 meter);
- Wear a medical mask when in the same room with the affected individual; replacing mask if damp, dispose of the material immediately after use;
- Clean hands immediately after contact with respiratory secretions;
- improve airflow in living space by opening windows as much as possible.